

# Little Creek Casino Resort Remodel Employs Tribal Businesses Skookum Construction remodeling 2 floors of Tower One

Little Creek Casino Resort has contracted Skookum Construction (owned and operated by tribal member Jeremy Walls and community member Jamie Marley) with Four Seasons Painting Company (owned and operated by Misti Saenz-Garcia) as a subcontractor, to remodel the first two floors of the hotel Tower One.

Half of Jeremy's 20 employees meet the TERO requirement of either being tribal members or supporting a tribal member household.

"That money is going right up the hill," Jeremy said, referring to wages in tribal members' pockets.

Korsmo Construction is remodeling the third and fourth floors.

Five Tribal Council members visited the construction site on March 20th to see the progress of the project that is due to be completed in early spring.

"We are very pleased and proud of our tribal members," said Tribal Council member Vicki Kruger.

Remodeling of the first two floors includes a complete reconstruction of 44 rooms. Closets have been removed to create more luxurious and spacious bathroom spaces, and hallway space near the elevators has been made smaller to add footage to the adjacent suites.

"It's going to be beautiful and we can't wait to see the finished product," said Tribal Council member Charlene Krise.

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SHELTON, WA  
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10 SE Squaxin Lane, Shelton, WA 98584



Skookum Construction owners Jeremy Walls first on left above and Jamie Marley second from left below



Annual  
General Body  
Meeting  
May 6, 2017

Little Creek Events Center  
Sign in starts at 8:30 a.m.  
Lunch will be served at noon

Elections will be held for:  
Tribal Council Chairman  
Tribal Council Member #1  
Tribal Council Member #2

Per Tribal Council, the General Body Meeting  
is for TRIBAL MEMBERS & SPOUSES ONLY.  
Enrollment will be checked at the door.

For more information contact the tribal center at 360-426-9781

2017 Candidate Forum  
Information Sessions

Wednesday, April 19th  
at 5:00 p.m.  
Community Kitchen

Tribal Members who are running for a Council position at this year's General Body meeting are encouraged to declare their candidacy and to participate in these information sessions. Your tribal member voters want to hear from you!

This year, the forums will be a more informal open-floor format allowing candidates to share their views about important topics and to answer questions from the general body.

Come learn more about your potential future leaders!  
If you have any questions about the forums, please call  
Mitzie Whitener at 360-426-9781.





## Running for Reelection

General Body,

My name is Whitney Jones and I have had the honor of serving as your Council Member 1 for the last three years. My position is up for re-election this year and I am asking for your vote to continue working for you in this capacity. Here are some things I'd like to review with you...

Three years ago I committed to you that I would track the Tribe's financial health and I would push for more and better planning for our future. I have been like a dog with a bone on this issue and through persistence and repeated requests to focus on strategic planning we are finally moving in that direction and including it in Council discussions. I have also pushed to get us to commit to comprehensive community planning, with your input of course. We can't allow it to stall now; help me keep this on the front burner.

I committed to you that I would work on increasing communication and information sharing. I've fought diligently to do that by having more community meetings, finding a variety of opportunities to ask for your input, and giving public, written updates. But there is still much more that could be done. Help me continue to fight to ensure that

Council decisions are more transparent, that you as the General Body have more opportunity to weigh in, and that accurate and timely information is given to you.

I committed to you that I will bring fresh perspective, will encourage the Council be more collaborative, and will prompt more action rather than just talk. I've done those things and I ask the questions you would probably ask. I examine issues to make sure we are exploring all aspects, and I follow up to make sure decisions are made and there is a follow-through action. That is what you should expect and I will continue to deliver in those areas.

Plans being laid out by the new federal administration give us reason to be concerned. There will always be significant issues the Tribe needs to address... finances, youth and elder needs, community services and safety, natural resources just to name a few. All of these things are critically important and it can be mind-boggling to figure out how we can protect and enhance them all as time goes on. I have the experience, the energy, and the drive to plan and prioritize, to overcome roadblocks, and to continue moving us forward. Thank you for your continued support and for your vote.

## Squaxin Island TRIBAL NEWS

10 S.E. Squaxin Lane  
Shelton, WA 98584

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FAX: (360) 426-6577

[www.squaxinisoland.org](http://www.squaxinisoland.org)

Articles and opinions expressed in this publication are not necessarily the opinions of this publication or the Tribal Council.

The Klah-Che-Min encourages Tribal Members to submit letters, articles, photographs and drawings to be considered for publication, but are subject to editing.

Contributing writers and artists include Squaxin Island community members and staff.

Submissions Deadline:  
15th of each month

### SQUAXIN ISLAND TRIBAL COUNCIL:

DAVE LOPEMAN: Chairman  
ARNOLD COOPER: Vice Chairman  
CHARLENE KRISE: Secretary  
VICKI KRUGER: Treasurer  
WHITNEY JONES: 1st Council Member  
JIM PETERS: 2nd Council Member  
VINCE HENRY: 3rd Council Member

Klah-Che-Min Staff:  
THERESA M. HENDERSON: EXT. #3945  
[thenderson@squaxin.us](mailto:thenderson@squaxin.us)

You're invited to the TLC

## Annual Easter Egg Hunt

Join us for brunch in the gym. The Egg Hunt is for youth ages 0-12 years.

**Where:** TLC Field

**When:** Saturday, April 8<sup>th</sup>

**Time:** 10:00-11:00 am

Have any questions, please contact Jerilynn at 432-3992 or [jvial@squaxin.us](mailto:jvial@squaxin.us)

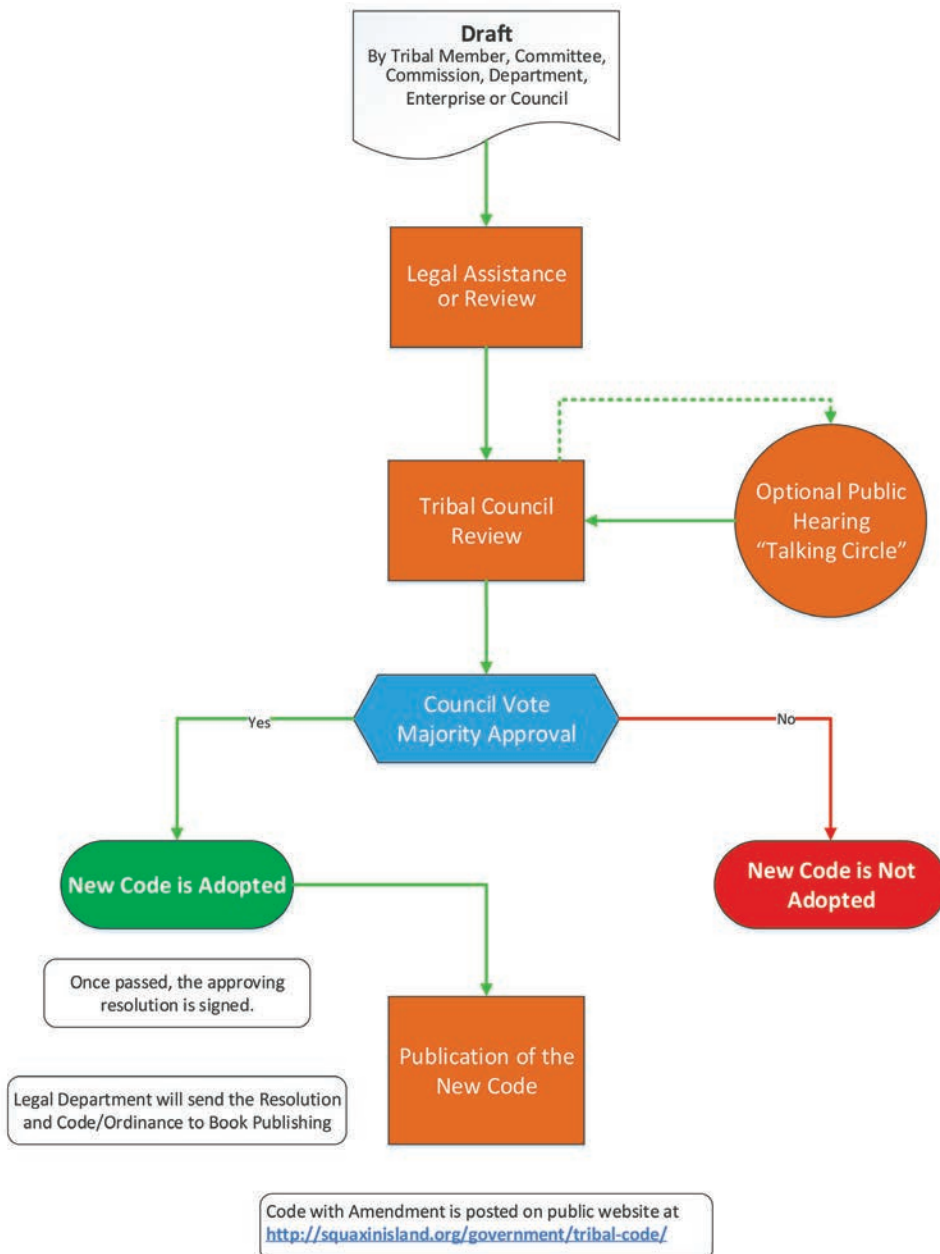




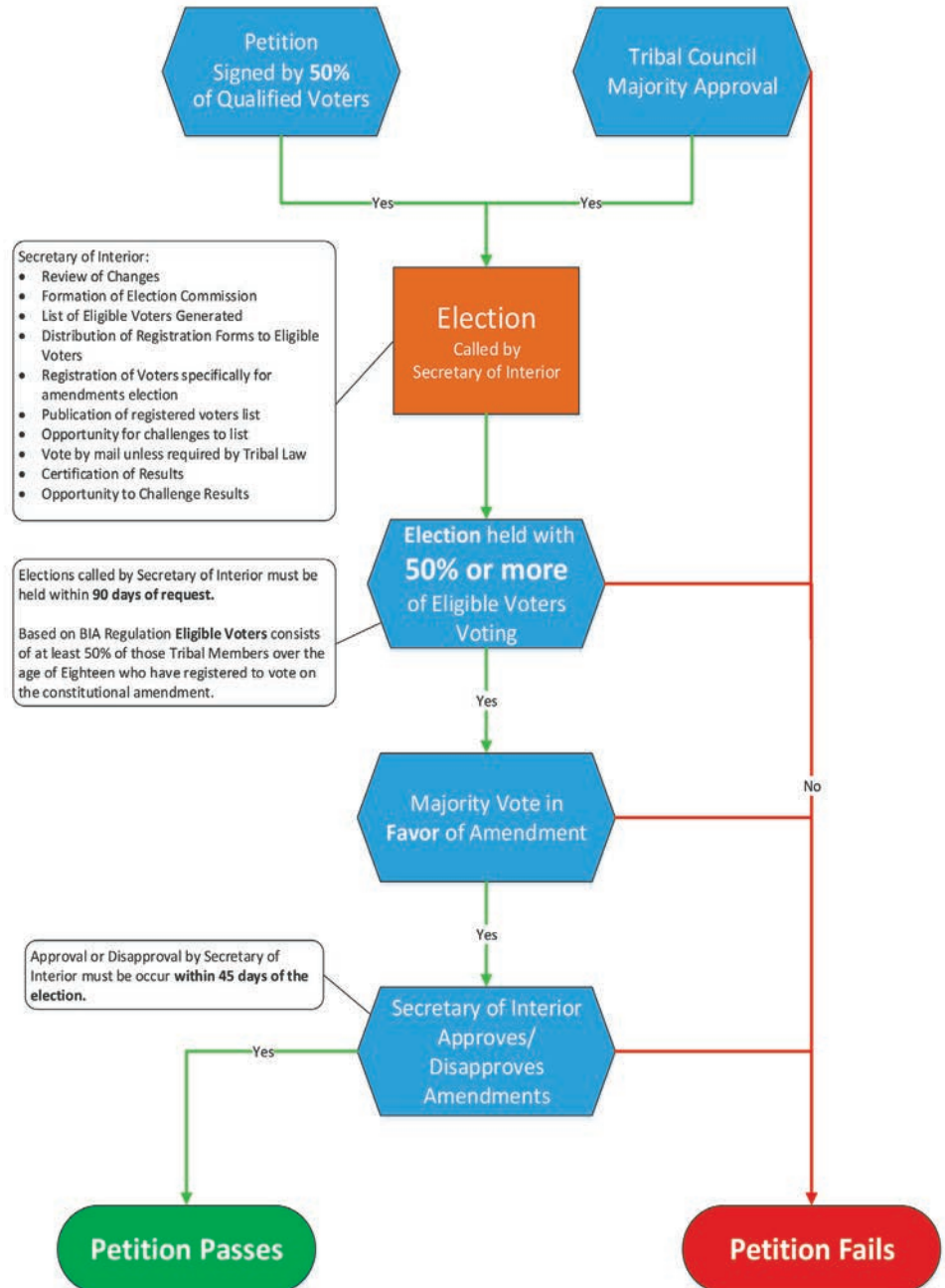
# SQUAXIN VOTE

*Squaxin Island Tribal Member population map on Page 8*

## Adoption of a New Code or Amendment



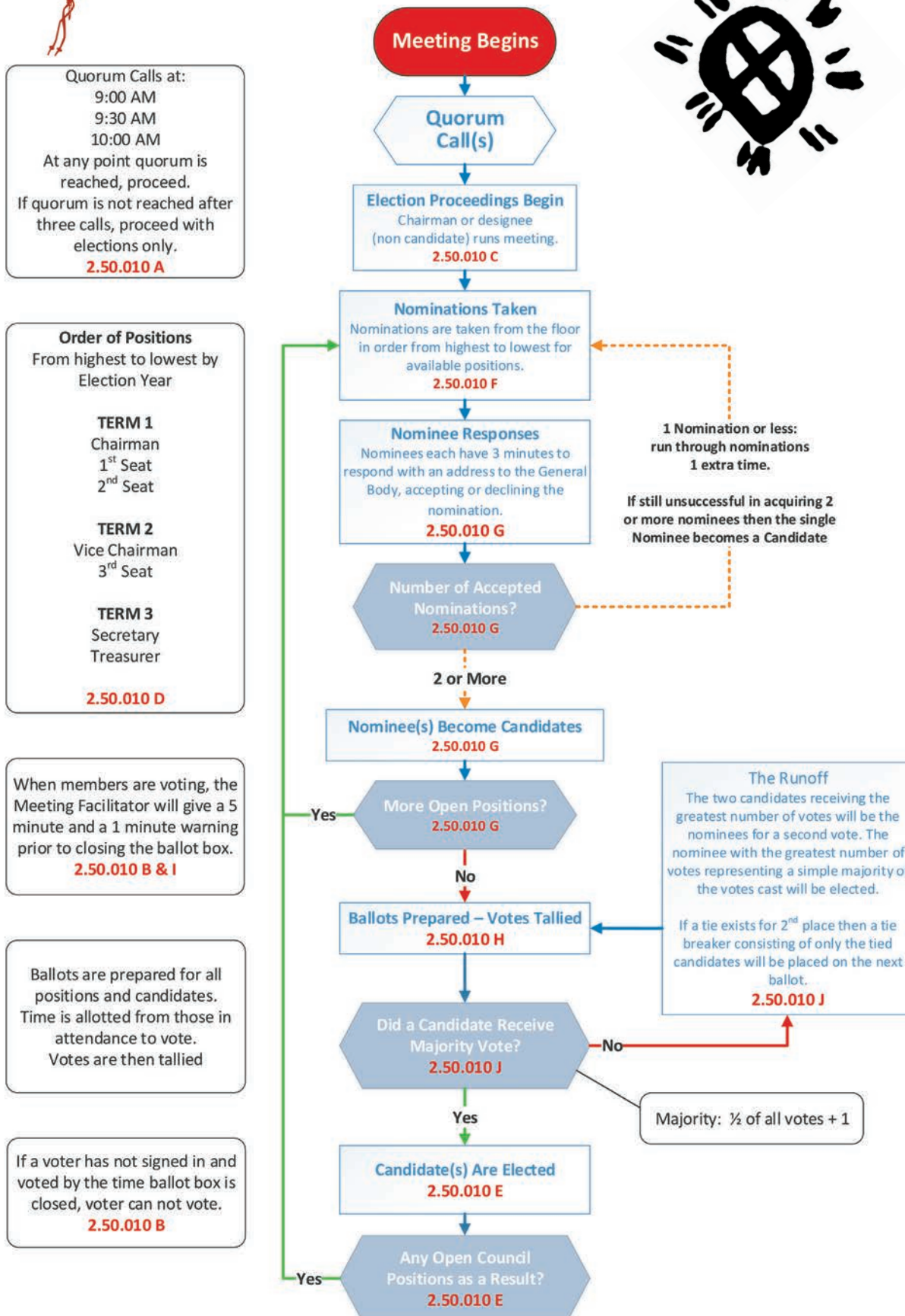
## Constitutional Amendment







## SQUAXIN VOTE



## Squaxin input helps guide Judge Christel to favorable shellfish ruling in Skokomish v. Gold Coast case

On March 2, 2017, Judge Christel issued a ruling in the Skokomish Tribe's lawsuit against Gold Coast Oyster and the Dawsons, who are tideland owners. His ruling is quite favorable to Tribes. Squaxin's Legal Department had filed a brief as an "interested party", and presented oral argument. We are pleased to report that Judge Christel's ruling followed the concepts presented in Squaxin's brief, and rejected the Dawsons' narrow view of the Shellfish Implementation Plan.

Legal thanks the Natural Resources Department for its invaluable assistance and the Tribal Council for its support in protecting the Tribe's right to 50% of the natural shellfish production against the ongoing risk of theft or loss. This result lets tideland owners and Growers know that these sort of attempts to improperly take the Tribe's share are unacceptable.

**Besides confirming the Tribes' "absolute right" to 50% of the natural shellfish, Judge Christel ruled:**

1. The Dawsons are properly included in Skokomish's lawsuit because after they were on notice about the Tribe's rights, they let Gold Coast harvest both the Treaty and non-Treaty share of natural oysters.
2. Commercial wild stock harvesters like Gold Coast are not automatically entitled to the protections given to "Growers" under the Shellfish Implementation Plan.

Instead, commercial operators must have actual plans to enhance a natural bed in order to get those protections.

### Background about the case and Judge Christel's ruling:

Skokomish alleged that the Dawsons conspired with Gold Coast to take Skokomish's 50% share of natural oysters from the Dawsons' tidelands. The Dawsons had entered into a contract with Gold Coast. The Dawsons asked to be dismissed from the case, arguing that the Shellfish Implementation Plan only allowed Skokomish to sue Gold Coast, and not them as landowners.

Squaxin Legal filed a brief and participated in oral argument for several reasons. First, we saw this as a good opportunity to generally educate Judge Christel about the Tribes' Treaty right to harvest shellfish, and how it is implemented under the Shellfish Implementation Plan. The timing was good since Judge Christel recently began taking over shellfish cases from Judge Strombom, who is retiring in April.

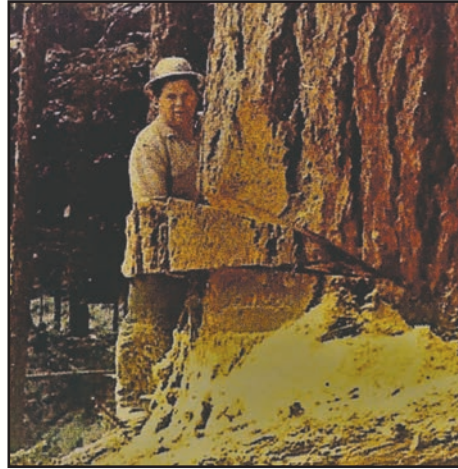
Second, we wanted to explain some instances when a landowner should be held accountable for having violated the Tribe's shellfishing right and Shellfish Implementation Plan.

The decision sets good precedent and will be extremely helpful in future shellfish cases.



## Walking On "Misty" Francis Alfred Bloomfield

*More photos on Page 23*



Named after his maternal grandfather, Francis Alfred Bloomfield was born at Potlatch on September 19, 1930 to Charles & Helen (Bowers) Bloomfield with his great-grandmother, Annie Waterman James, acting as midwife. He passed away on Monday, March 13, 2017 at Mason General Hospital with his family at his side. He was an elder of Squaxin Island Tribe and was also of Skokomish descent.

He was known by family and friends as Misty; he never cared to be called Francis. When asked how he got his nickname, our Mom said he was called "Mister" because he was mature for his age. When she met him, she misunderstood his little brother and called him "Misty" and it stuck.

He was the oldest of five children, with Marge, Ray, Nene and J.R. following. His family moved frequently while following the timber industry living at various logging camps, Schneiders Prairie, Clallam Bay, and Tulalip, settling back in the Arcadia area of Shelton where he met our Mom.

He loved the outdoors and the simple life and never had an unkind word to say about anyone. When his future father-in-law found him a job as a glazier, he worked with all of the doors and windows open claiming he wanted some fresh air. He could spot wild animals in the wilderness long before anyone would see them. As we traveled between Hoodspport and Forks he would point out goats that were transplanted to the Olympics up on the high cliffs while driving around Lake Crescent. It was amazing the amount of knowledge he quietly kept to himself.

He married our mother, Nancy Handley, on October 1, 1949 and they were married 67 years. It was always joked that Dad wanted 2 kids and Mom wanted 4 so they compromised and had 7. Just the same, family was important to Dad. Several summers you could find us camping near the job site up at Joyce, Seal Rock or Goober Pond so his commute wouldn't be so long, or camping at the beach at Eagle Creek while he remodeled the kitchen.

Family activities revolved around the outdoors - camping, hunting, clam digging, fishing and, in recent years, ATVing. It also included frequent driving trips through the woods as he pointed out wildlife, units that he cut, bridges that he fell the timbers for, and significant locations such as filming of "Ring of Fire." He made stilts to fit all of us, eventually cutting all of the stilt off so Vicky could use her set. He would bring snow home from his job and make us snow ice cream or dump Kool-aid in the pancake batter to make colored pancakes.

Up on the steep, narrow logging roads, Dad was the master of a thousand point turn much to Mom's and our distress. He would ask if we could see the road

behind the station wagon and all we could see was the canyon floor as he continued to back up. Vacations were usually at a moment's notice, due to being shut out of the woods for fire season, and included road trips to national forests and parks. They gave us an amazing education, taking us to ghost towns, historic museums and evening fireside programs held in the campgrounds.

Later in life, Dad was frequently found sitting out in the yard enjoying the sun and watching the birds and the cars go by or napping. He continued to camp and go ATVing with his children & grandchildren winning the eldest rider award. In recent years, you could find him at Roosters enjoying a cinnamon roll and a vanilla milkshake after doctor appointments and meeting children, grandchildren and great grandchildren every Saturday morning for breakfast. On Sunday, you would find him cooking waffles for his family.

He was a timber faller his whole adult life and was one of the best, working many years for Buck Mountain Logging Co. and then owned his own business, Bloomfield Busheling. He was a man of few words and taught by example, never boasting or looking for praise or recognition. When profanity was so common out in the woods, Dad never used them. The worst he was caught saying was "Oh, heck", or "Dang it." As one person stated, "If Misty spoke, everyone would shut up to hear what he had to say."

If any of us needed help, we all knew he was the "go-to-guy." He was an example to his family, never missing work unless it was hunting season, fire season, or was blown or snowed out. During that time, you could find him cutting out dangerous trees or on fire crews for the forest service or cutting trees and limbs off of PUD power lines. He served his family and friends.

He was a master of equipment, learning how to drive at eight and flying a plane as a young adult. He was looking forward to the time his plane would be paid off when he broke his shoulder and had to sell his plane to support his family. He could fix or get any equipment running with minimal tools and duct tape. While living at Goober Pond for the summer, Dad taught Shannon and Vicky how to operate the water truck so they could fire watch at the foothills of Mt. Washington, where the lesson didn't go unused.

Dad had a sense of humor asking us when we fell "What are you doing looking for snakes?" Or another favorite, "I didn't see it, do it again." He also had numerous stories to tell his grandchildren about how he lost his index finger changing the story to meet the immediate learning situation. When he left the house, he would say, "See you in the funny papers."

A Celebration of Life was held at the Community Kitchen on Friday, March 17, 2017. Brooks Farrell officiated and sang "Home on the Range." A wonderful dinner was served with some of Dad's favorite foods. A slide show was shown depicting his life, along with some of his favorite songs. The celebration concluded with the showing of family home movies that Dad took when we were small along with the serving of some of Dad's favorite pastry.

Dad was preceded in death by his parents, Charles & Helen Bowers Bloomfield; son, David Bloomfield and infant daughter, Jenny Bloomfield; brothers Raymond Bloomfield and Charles "J.R." Bloomfield; sister, Emilene "Nene" Bloomfield; son-in-law, Barney Engel; granddaughter, Misty Hillstrom; and grandsons Joshua and Jeremy Hillstrom.

He is survived by his wife, Nancy Bloomfield; sons, Micheal (Andi) Bloomfield and Douglas (Vicky) Bloomfield; daughters Pamela (Larry) Hillstrom, Shannon (Randy) Bruff, Vicky Engel (past husband Chuck York) and Donna (Allen) Wood; and sister, Marge (George) Witcraft (all of Shelton area); 17 grandchildren, numerous great grandchildren and three great-great-grandchildren.

We would like to thank everyone who helped with the celebration and offered words of comfort, as well as the cards, plants and flowers received. It was comforting.

He was loved and will be missed by all who knew him.





## Kenedee Peters Featured in Golf Today Northwest

### 1. When did you begin playing golf and how did you learn?

My parents bought me my first set of clubs when I was eight years old. I started truly playing (WJGA) when I was nine. I watched my parents play golf and swing their clubs. My dad spent a lot of time helping me when I was young. When I turned 11, I started working with my swing coach, Joe Thiel. I work with Joe all year long; my game/swing is a constant learning process.

### 2. Tell me about one of your most treasured lessons on the golf course.

My most treasured lesson on the golf course is the ability to let go and move on, which I think is so important because that applies to life as well. Things aren't always going to go the way I want them to go. It's a hindrance to hold on to a bad shot and it takes great focus and concentration to be able to let go and hit the next one. The same is true in life; if I have a bad day, I have to be able to refocus and move on.

### 3. What have you learned about yourself through the game of golf?

One thing I have learned about myself through golf is the amount of strength I have - both physically and mentally. Golf is such a tough sport. And to be able to come back and win a tourney after being seven strokes down is impressive. It shows the mental strength I have to overcome adverse situations.

### 4. What do you enjoy the most about the game of golf?

Golf teaches me so many life lessons. There are things that I have learned on the course that I always find I am using off the course in my everyday life. Golf has taught me to be confident, humble, grateful. I've learned not to take things for granted, because I never know when adversity will come along.

### 5. What are your plans for after high school?

I plan to move to Pullman, WA. I have verbally committed to play golf at Washington State University. As of right now, I want to study either business or psychology.

### 6. What advice would you give to beginning golfers looking to take up the sport?

The most important advice I can give to a beginning golfer is to just have fun with this sport. Because the moment you start trying too hard or getting upset is when golf stops being fun. You will either love it or hate it. Golf is both an independent and competitive sport. I love the team atmosphere during high school, and at the same time, I spend a lot of independent time practicing and competing during the summer and fall months. I love the game and enjoy the competitive atmosphere, whether it is a team event or if I am competing independently.

### 7. What has been the greatest lesson you have learned by participating in Washington Junior Golf?

The greatest lesson I've learned from WJGA is the importance of the relationships I have made while playing golf. Through WJGA I have made some great friendships - friends I will stay in touch with for a long time.

### 8. What is your favorite golf course in the Pacific Northwest?

My favorite golf course is Palouse Ridge in Pullman, WA - Go Cougs! I am super excited to play at Palouse this spring for a high school event.



### 9. What has been the highlight of your golf career?

I have several highlights in my career, and it is hard to narrow it down to just one:

- I hit my first hole-in-one when I was 11 years old during a WJGA District 3 tournament on the Olympic course at Gold Mountain in Bremerton, WA (No. 16, 117 yards, 8 iron)
- In 2015 I won the WIAA2A State Championship. I shot 71-68 (-5). In 2015, I was also the WJGA Overall Champion and WJGA Player of the Year.
- In the spring of 2016, I was invited to play in the ANA Junior Inspiration at Mission Hills Golf Club in Palm Springs, CA. The winner played in the LPGA ANA Inspiration Tournament.
- In the summer of 2016, I attended my 3rd straight USGA Girls Junior Championship at Ridgewood County Club in Paramus, NJ. I made the cut after two days and was in the top 64.





## Squaxin Negotiations Lead to Settlement with Shellfish Grower



March 22, 2017 - After several years of negotiating, the Squaxin Natural Resources and Legal Departments reached agreement with a shellfish grower on two private beaches in Hammersley Inlet. The agreement not only preserves the Tribe's right to harvest Manila clams on these beaches into the future, but also requires that the shellfish grower, Hammersley Shellfish, "reimburse" the Tribe for clam poundage that the grower improperly harvested in past years.

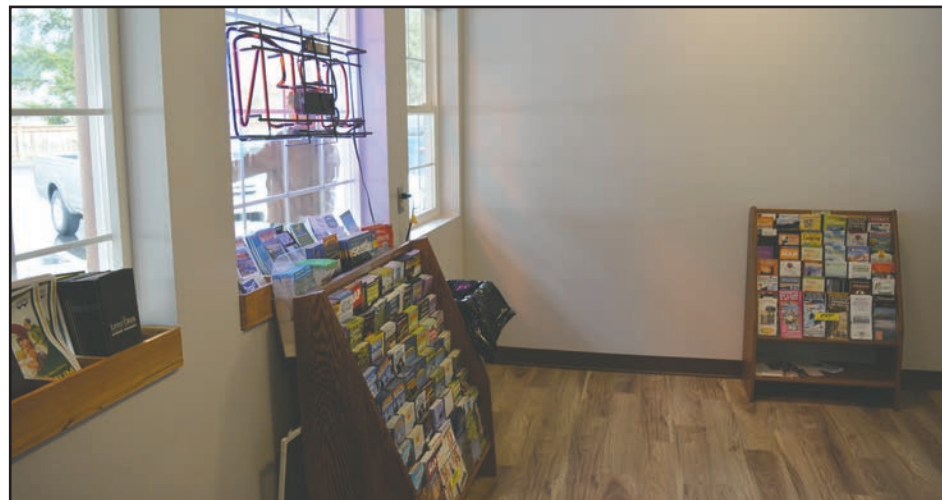
For some time, Hammersley Shellfish and the Tribe seemed headed to court. Hammersley Shellfish was not communicating with the Tribe, harvesting clams without harvest plan in place, and refusing to sign harvest plans. Hammersley Shellfish then took the position that the Tribe's Treaty right only entitled it to a small amount of natural shellfish. The Tribe disagreed, and showed that there was a larger natural bed of Manila clams on those beaches. Eventually, however, the parties began meeting and working through the issues, and signed harvest plans. The Tribe is very pleased with the outcome.

The agreement could not have happened without Tribal Council's firm commitment to protect the Tribe's Treaty shellfishing rights, and without the Natural Resources Department's dedication to making beaches available for Tribal harvest and scientific expertise.



## Visitor Center Remodel

The Visitor Center behind KTP was transferred to the Squaxin Island Tourism department and has been remodeled. Stop by and check out the nice new floors and paint and say "hi" to Rainy!



## New Employees



### Kezia Wentworth Community Garden Technician Lead

Hi, I have been married for 10 years and have five children. I am of Squaxin and Quinault descent from the Bagely and Martin families. I have an AA in Business Management and a BA in Botany.

I am excited that I can work closely with the earth and that I am giving back to my community.

I look forward to helping bring the Tribe closer to food sovereignty.



### Tom Blueback Jr. Garden Field Technician I

Hi, I have worked at Little Creek Casino Resort for 19 years, and am excited about working at the community garden. I love working outside. I am looking forward to work and learning with all the other tribal people.

My family is good.  
Thanks!



### John Furtado Garden Field Technician I

Hi, I'm excited about working outside. I also enjoy art work.





## Attention Hunters:

Please return all your hunting tags to the Natural Resources Department. If you got tags and didn't harvest an animal we still need the unused tags. We need these tags to finish our annual harvest report. Thank you!



## SQUAXIN ISLAND TRIBAL MEMBERS

The FACTORY OUTLET STORE now offers:

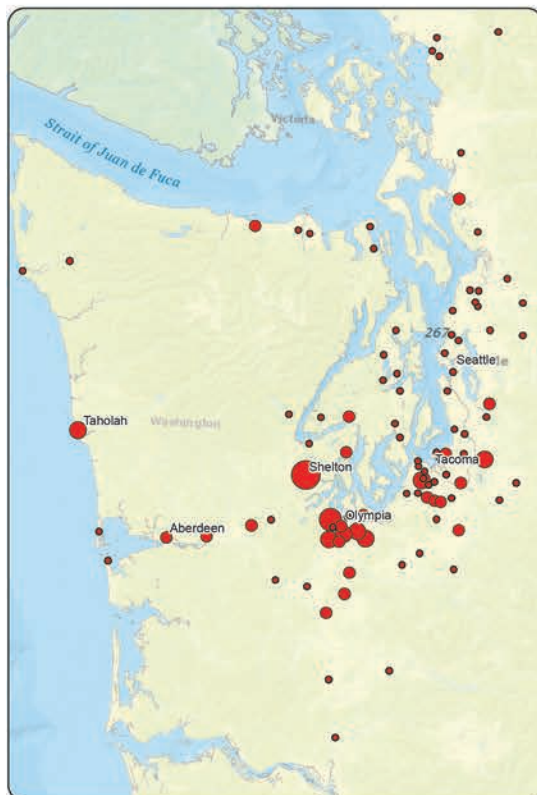
**\$10.00  
DISCOUNTS  
EVERY CARTON  
EVERY DAY!**

We will continue to run our "SPECIALS" several times thru out the year  
Watch for them in the Klah-Che-Min and DAILY SCOOP  
Hours: M - F 9 AM - 3 PM  
MUST SHOW TRIBAL MEMBERSHIP CARD

Current Tribal Member Population: 1,087

## Members By Region

Region	Count
On Reservation	264
Mason/Thurston County (Not including Reservation)	466
In Washington State	914
Out of State (WA)	164
Unknown Address	9

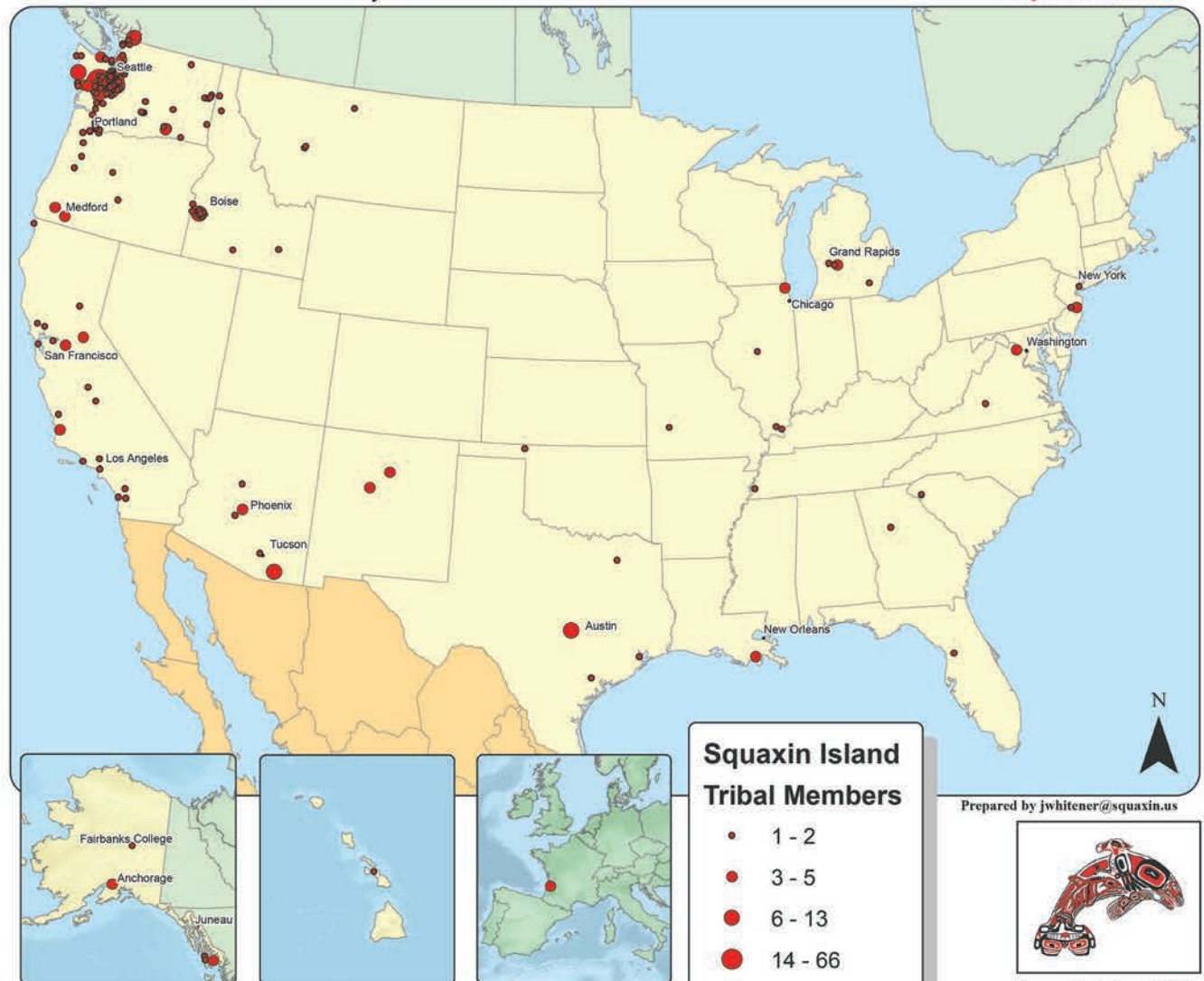


Western Washington

## Squaxin Island Tribal Member Population

By Postal Code

Prepared: 3/27/2017



## Squaxin Island Tribal Members

- 1 - 2
- 3 - 5
- 6 - 13
- 14 - 66
- 67 - 593

Prepared by jwhitener@squaxin.us



Squaxin Island Tribe





## Spay and Neuter Myths and Facts

**Myth:** *It's healthier for my female to have a litter before I spay her.*

**Fact:** There is no medical evidence to substantiate any benefits to allowing a dog or cat to have a litter before spaying. In Fact, spaying female dogs and cats before their first heat is much easier on your pet. Smaller pets have less body fat, meaning less tissue trauma and less bleeding. Smaller pets need less anesthesia, meaning they will wake faster and in most cases are able to go home the same day. By spaying as early as possible you are being a responsible pet owner by not adding to the homeless pet population.

**Myth:** *My pet's behavior will change drastically.*

**Fact:** The only behavior changes you will see will be positive! Spaying and neutering your pet will eliminate hormonally influenced behaviors. Your female will avoid going into heat, meaning you won't have to deal with constant yowling, crying and nervous pacing. Your male pet will have decreased aggression and urges to mount furniture, other pets or people as well as a decreased desire to roam. Since your pet's number one priority will no longer be looking for a mate, they will have increased concentration and a longer attention span, making them a better companion. Your pets will also be cleaner since they will be spending less time looking for a mate and more time grooming.

**Myth:** *My dog won't protect me if I neuter him.*

**Fact:** A dog's personality is based mainly on his genetics and home life. His willingness to protect comes from being part of the family "pack." If anything, neutering your dog will make him less interested in roaming to look for a mate, thus focusing his energy on pleasing you.

**Myth:** *My pet will get fat, lazy and less attractive.*

**Fact:** Pets become fat and lazy most often because they are overfed and under-exercised. If your pet puts on weight it has nothing to do with the surgery. Cut calories and add in some playtime to keep your pet fit. Keep in mind your pet may still be in the process of growing, especially if you take advantage of an early spay/neuter procedure.

**Myth:** *My pet will mourn the loss of his/her ability to reproduce.*

**Fact:** Neither dogs nor cats reproduce to experience motherhood or fatherhood, but purely to protect the survival of their species. Your pet has no understanding or emotional attachment to parenting, sexuality, gender roles or reproduction.

**Myth:** *My dog/cat is an indoor-only pet so I don't need to spay/neuter.*

**Fact:** This is a common mistake. People only think of the reproductive ramifications of not fixing their pets. In addition to protecting your pet from pregnancy/impregnating should they escape your home, you are offering them a myriad of health and behavioral benefits as well including eliminating the risk of some cancers and decreasing the urge to roam for a mate.

**Myth:** *Animals cannot be fixed until they are 6 months old.*

**Fact:** Spay/neuter procedures can be performed as early as eight weeks of age. Recovery is prompt especially for smaller pets; less body fat means less anesthesia, bleeding and tissue trauma. In most cases your pet can come home the same day.

If you cannot afford to have your pet spay or neuter and you are a Squaxin Tribal Member call HOUSING (360)432-3953. If funds are available RARE / REZ ANIMAL RESOURCES & EDUCATION may be able to assist you with the procedure.

## FREE TAX PREPARATION SITE

(BASIC RETURNS)

Administration Building – 2nd Floor

**Through April 11, 2017**

By appointment only

Monday and Tuesday evenings

This site offers Visa debit cards for your tax refund.

Call Lisa Peters @ 432-3871 to schedule an appointment



## Junk Vehicles

The presence of junk vehicles can threaten the character and safety of neighborhoods. They may cause deterioration of neighborhoods partly due to visual blight, which affects property values. Junk vehicles can create attractive nuisances for children, and provide harborage for rodents, insects and other pests.

Leaving junk cars to decay in the woods, beside the road, or in the backyard is wasteful. Over 85 percent of the material in junk cars can be recycled.

A single motor vehicle typically contains 5-10 gallons of fluid (gasoline, antifreeze, oil, etc) when it is scrapped. One gallon of gasoline can contaminate 750,000 gallons of water- enough water to supply the average American for 20 years.

***The primary environmental concern is the potential for groundwater and surface water contamination. The impacts are summarized below:***

- A. PETROLEUM HYDROCARBONS: Gasoline, diesel fuels, and motor oil contain petroleum hydrocarbons. Petroleum hydrocarbons are toxic to aquatic life and some are suspected or known carcinogens. Those with a high affinity for sediments can persist over time in bottom sediments, where they can be toxic to benthic communities. They have the potential to move off site via storm water and sediment runoff, either directly into surface waters or more commonly through storm sewers. In heavily impacted area, vertical migration of contaminants in groundwater can occur.
- B. HEAVY METALS (lead, cadmium, chromium, zinc, copper, nickel, aluminum, arsenic and mercury): Heavy metals can be toxic to aquatic life and can bio-accumulate in fish and shellfish. Heavy metals can migrate to surface waters through storm water runoff and into nearby soils through corrosion of the body and parts.
- C. ACIDS: Sources of acids include batteries, solvents, and degreasers. Acids can affect soil chemistry, which in turn can adversely affect plants and human health, and can create conditions toxic to soil organisms, and result in soil contamination.
- D. SUSPENDED SOLIDS: In high concentrations, suspended solids, such as heavy metals, can affect surface water by reducing clarity and light penetration through the water column. This, in turn, can affect water temperature, plant growth and dissolved oxygen concentrations. Solids that settle to the riverbed or lakebed can smother plants and invertebrates and alter these benthic habitats that play important roles for fish and wildlife.

The Housing Enforcement Officer is presently contacting tribal members about removing junk vehicles from tribal land. If you have a Junk vehicle or abandon vehicle on your property call Gus at Housing 360-432-3953.





## Afterschool Program News

Jerilynn Vail-Powell - Spring Break is the first week of April and we have a week full of fun activities for the youth. During Spring Break, our hours are from 8:30 to 4:00pm, Monday through Friday. We've noticed a few youth have their cubbies full of clothes and papers, so we will be encouraging youth to clean out their cubbies. At week's end, don't forget about our Annual Easter Egg Hunt on Saturday, April 8th. Look for our flyer for more details.

We will be making changes to our after-school menus. The food program that supports our afterschool snacks and meals is requiring us to make changes we will slowly start to implement throughout the remainder of this school year. A few examples of the required changes include: whole grain products, breakfast cereals with less than 6 grams of sugar per serving, and yogurt with less than 8 grams of sugar per serving. The youth are not quite used to plain yogurt. As with any change, it will take the youth a little time to adjust.

Extra April calendars are available in the Rec Room if you stop by. Just a reminder, we will be closed on Friday, April 14th.

## Tutoring Update

Lynn White - It is important to build good study habits young, so students can be more successful throughout their school career. I am here to help you along the way. I am available before school for homework help, I am also at the TLC building after school until 4:00 p.m. Monday-Friday. Some other reminders:

- The Shelton School District school year is in the 4th quarter. It won't be long until school is out for the summer, so get all your missing work turned in.
- Your 9th grade credits matter toward graduation. It is important all 9th graders pass their classes.
- There is a 90-minute early release on April 21st.



## C.H.U.M Program

Laurel Wolff teen advocate: 432-3842

Check Facebook @ Squaxin Teens for updates to Calendar!

## April

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7 <sup>th</sup> - 9 <sup>th</sup>
NWIYC 2 <sup>nd</sup> -6 <sup>th</sup> - Winthrop WA				
Weaving 2:00-4:00	Basketball Clinic 1-4pm	Carving workshop 1-4pm	Carving workshop 1-4pm	Nisqually co-ed Tournament 14-u & 17-U
10	11	12	13	14
Weaving 4:00-5:30	Craft Class 3:00-5:00 Drum Group 5-7	Basketball Practice 3:30-4:30 Beading 3:30-5:00 Dance Workout 5-6	REAL TALK 4:00-5:00 Youth Council 5:00-6:00	Closed
17	18	19	20	21
Weaving 4:00-5:30	Craft Class 3:00-5:00 Drum Group 5-7	Basketball Practice 3:30-4:30 Beading 3:30-5:00 Dance Workout 5-6	Youth Council 5:00-6:00	Early Release CHUM Points Party TBA
24	25	26	27	28
Weaving 4:00-5:30	Craft Class 3:00-5:00 Drum Group 5-7	Basketball Practice 3:30-4:30 Beading 3:30-5:00 Dance Workout 5-6	Youth Council 5:00-6:00	Teen Night 7-10 pm





## GED and Homework Support

Jamie Burris - Make that final push and complete your GED before the Swig gwi celebration. Now is the time to come in and take some practice tests, find out what needs to be studied, then begin taking your GED tests. If you are a tribal member or descendent, the tribe will pay for your practice tests and testing. Usually each practice test costs \$6.00 as well as the official tests costing \$30.00 for each subject. There are four subjects: math, language arts, science, social studies. This is a huge benefit that you should be using! Come in to learn more about the GED program, how to earn a GED, and how I can help you on this journey.

If you need homework support at any grade level, come to the TLC classroom after school for help getting all of your work completed. I am here to help with your schoolwork as well as providing a quiet place to work. I am in the classroom Tuesday, Wednesday and Thursday from 4:00 - 7:00 p.m. For more information please email Jamie Burris – jburris@mcclary.wednet.edu.

## Education Liaison Notes

Peggy Peters - The other day as I walked by the TLC classroom, I saw students ranging from elementary, junior high, and college all working on their homework. It was a special moment because of the look of determination on their faces to complete their work. One student gained confidence as he completed each problem and realized that he was able to learn the process with the help of the tutor. Another is a regular and finds support in learning new skills. We also encourage drop-ins who need help with studying for tests or working on special projects. Parents and students are encouraged to take advantage of this opportunity after school. Don't wait until the end of the school year to make-up missing assignments.

## Squaxin Youth Education, Recreation and Activities Calendar

TLC Hours: M-F 7:30am-7:00pm Front Desk: 432-3958 Rec Rm: 432-3957 (only 3-6pm)

All activities are drug, alcohol and tobacco free.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 <b>GSD- ER @ 2:30pm</b> Rec Rm: 2:30-6pm Arts-n-Crafts: 5-6pm Open Gym: 2:30-6pm  Open Swim: 3-6pm	2 Rec Rm: 3-6pm Crafty Kitchen: 5-6pm Elem Bball Practice: 5-6pm	3 Rec Rm: 3:00-6pm Fun Day Friday: 5-6pm Elem Bball Practice: 5-5:30pm Open Gym: 5:30-6pm Open Swim: 5-8pm
3 <b>Spring Break</b>  Rec Rm: 8:30-4pm Open Gym: 8:30-4pm Open Swim: 3-6pm	4 <b>Spring Break</b>  Rec Rm: 8:30-4pm Open Gym: 8:30-4pm	5 <b>Spring Break</b>  Rec Rm: 8:30-4pm Open Gym: 8:30-4pm Open Swim: 3-6pm	6 <b>Spring Break</b>  Rec Rm: 8:30-4pm Open Gym: 8:30-4pm	7 <b>Spring Break</b>  Rec Rm: 8:30-4pm Open Gym: 8:30-4pm Open Swim: 3-6pm
10 Rec Rm: 3-6pm Bully Prevention: 5-6pm Open Gym: 3-6pm Open Swim: 3-6pm	11 Rec Rm: 3-6pm Culture Night 5-6pm Elem Bball Practice: 5-6pm	12 <b>GSD- ER @ 2:30pm</b> Rec Rm: 2:30-6pm Arts-n-Crafts: 5-6pm Open Gym: 2:30-6pm Open Swim: 3-6pm	13 Rec Rm: 3-6pm Crafty Kitchen: 5-6pm Elem Bball Practice: 5-6pm	14 <b>Tribal Holiday</b>  Open Swim: 5-8pm
17 Rec Rm: 3-6pm Bully Prevention: 5-6pm Open Gym: 3-6pm  Open Swim: 3-6pm	18 Rec Rm: 3-6pm Culture Night 5-6pm Elem Bball Practice: 5-6pm	19 <b>GSD- ER @ 2:30pm</b> Rec Rm: 2:30-6pm Arts-n-Crafts: 5-6pm Open Gym: 2:30-6pm  Open Swim: 3-6pm	20 Rec Rm: 3-6pm Crafty Kitchen: 5-6pm Elem Bball Practice: 5-6pm	21 Rec Rm: 3:00-6pm Fun Day Friday: 5-6pm Elem Bball Practice: 5-5:30pm Open Gym: 5:30-6pm Open Swim: 5-8pm
24 Rec Rm: 3-6pm Bully Prevention: 5-6pm Open Gym: 3-6pm  Open Swim: 3-6pm	25 Rec Rm: 3-6pm Culture Night 5-6pm Elem Bball Practice: 5-6pm	26 <b>GSD- ER @ 2:30pm</b> Rec Rm: 2:30-6pm Arts-n-Crafts: 5-6pm Open Gym: 2:30-6pm  Open Swim: 3-6pm	27 Rec Rm: 3-6pm Crafty Kitchen: 5-6pm Elem Bball Practice: 5-6pm	28 Rec Rm: 3:00-6pm Fun Day Friday: 5-6pm Elem Bball Practice: 5-5:30pm Open Gym: 5:30-6pm Open Swim: 5-8pm
After School Snacks: Computer Lab: Sylvan: Homework Help, GED Prep:		M-F 3-4:45pm M-Th 3-7, F 3-5pm M-Th 4:30-6:30pm T-TH 4-7pm		<b>ER = Early Release</b> WHL = Wa-He-Lut Indian School SSD = Shelton School District GSD = Griffin School District
				<b>I.T.L. – Inter-Tribal League B-Ball</b> High School: 9-12 Grade Middle School: 7-8 Grade Elementary: 4-6 Grade





## Teen Center News

Laurel Wolff - The Squaxin Island Youth Council is looking for more members. Anyone in grades 6-12 can join. Meetings are on Thursdays from 5 – 6 pm. At each meeting, we discuss upcoming events and plan for future fun activities and community outreach projects. Youth Council is also looking for volunteers. Young adults who have graduated but still want to be involved are encouraged to participate and serve as role models for the teens. We look forward to seeing you!



Last month, the Squaxin Island Youth Council got together with the Suquamish Youth Council for a 24-hour “hang out.” During the event, a facilitator from the Native Wellness Institute led games, storytelling, and peer learning activities. Later, participants spent the night at Boomshaka, the trampoline and extreme sports facility in Olympia. Overall it was a lot of fun and the teens solidified friendships with youth from Suquamish. We look forward to working with their Youth Council in the future.

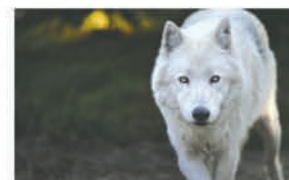
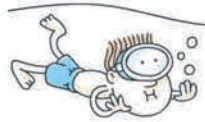
### For teens, the Spring Break starts off with several exciting events:

- From April 2nd -6th, the Squaxin Island Youth Council is planning to travel to Winthrop, WA for the annual Northwest Indian Youth Conference. This conference is a highlight for many of our youth. Attending numerous workshops, we can't wait to learn, network and have fun in the mountains.
- We are planning for a youth sports and leadership clinic for ages 12 and up put on by Bo Tinaza on April 4th.
- We are also planning for Andrea Wilbur-Sigo to teach wood carving classes for teens on April 5th and 6th.



## Spring Break: April 3<sup>rd</sup>-7<sup>th</sup> 8:30am-4:00pm

- **Monday:**  
Pool Party from 10:30am-12:00pm  
Fun with Local Fire Dept from 1-3pm
- **Tuesday:**  
Storytelling with Bobbie Bush from 10am-11am  
Field Trip to Lattin's Cider Mill  
Bus Leaves at 12:00pm      Bus Returns at 3:30 or 3:45 pm
- **Wednesday:**  
Swimming from 10:30-12:00pm  
Guest Speaker: Officer Brewer & K-9 partner Jack
- **Thursday:**  
Arts-n-Crafts: Kaleidoscopes & Collages  
Salish Golf Instructors here from 1:15-3:30pm
- **Friday:**  
Field Trip to Mima Mounds & Wolf Haven  
Bus Leaves at 9:30am      Bus Returns 3:15pm



**Questions about Spring Break, please call Jerilynn at 432-3992**





## Higher Education

Mandy Valley - Tribal higher education students - Remember to send in your final grades for winter quarter, your new class schedule for spring quarter, any receipts you have for reimbursement, and your completed Memorandum of Commitment for the new quarter. I need all of this information for your Higher Education file by March 21st. I cannot process your paperwork for the college until your file has been updated, and we don't want anyone to struggle with de-

lays in processing your higher education funding from the Tribe.

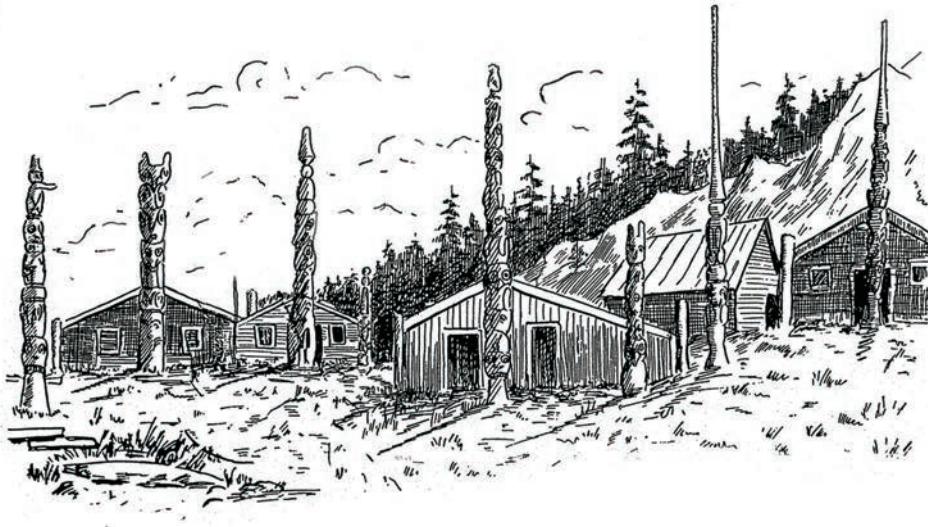
I hope everyone had a very successful quarter. If you have any questions I can be reached by phone at (360) 432-3882, or by email at [mvalley@squaxin.us](mailto:mvalley@squaxin.us).







# FAMILY SERVICES



A Squaxin Island TANF Sponsored Event at Family Services.

## HIGH SCHOOL 21 + PROGRAM

**When:** Weekly Tuesday & Thursday 8:30 am to 11:30 am

**Who Should Attend:** Community Adults ages 21 years and older that want to earn credit for knowledge gained from work and life experiences while tailoring an educational plan to fill gaps. Adults that want their high school diploma and are interested in a competency-based high school diploma with education geared toward transitioning into college & career programs.

**Experiences** might include GED tests after 2014, internships, certifications/special licenses, being a parent, fishing, participation in drug/alcohol treatment, sports, cultural events, the list is endless.

**To Begin** contact Shannon Bruff to obtain your High School transcripts. Shannon Bruff, (360) 432-3961, sbruff@squaxin.us



*Thanks to SPSCC, Shanon Millman, and the students hard work, We already have three students graduated!*  
Squaxin Island TANF

**SHANON MILLMAN**  
Come in and meet our teacher.

Please Join Us  
Building Strong Families Through Culture  
**BSFTC**  
**Community Kitchen**  
Tuesday's  
3:00 to 5:00 pm

For the Formation and Maintenance of Two-Parent Families and the Prevention of Out-Of-Wedlock Pregnancies.

- Can you teach a craft?
- Are you a weaver?
- Can you do beadwork?
- Can you make drums?
- Do you know how to sew?
- Do you have experience cooking for a large group of people?



Contact: Shannon Bruff  
Phone: (360) 432-3961  
Email: sbruff@squaxin.us

If you are interested in teaching a craft class for Building Strong Families through Culture submit an outline of your experience and areas of interest.

\* Please note classes take place every Tuesday from 3:00-5:00 pm





# ELDERS



Glen Parker



Marvin Peratrovich



Ruby Fuller



George Witcraft



Rose Algea



Elizabeth Heredia



Brian Tobin







## Clinic Events

Mammograms  
Cancer Support

### Diabetes Information for You and Your Family How To Get Started Walking

#### Why walk?

Our bodies are meant to get up and walk—to the mailbox, down the road, around the neighborhood.

Walking can help you stay healthy and live longer so you can:

- Be there for your children, grandchildren, and other family members.
- Be an active and helpful member of your community.
- Serve as an Elder and share your wisdom.

All you need is a sturdy pair of shoes, a few minutes, and a safe place to walk. Give walking a try!

#### How does walking help?

Walking helps your mind, body, spirit, and emotions. It can help you:

- Have more energy by keeping your blood sugar, blood pressure, cholesterol, and weight in good ranges.
- Stay active and prevent injuries by keeping your muscles and bones strong.
- Feel calmer and less stressed by lifting your spirits.

#### Is walking right for you?

Walking is right for most people. If you are not sure that walking is right for you, ask your health care provider:

- Is walking right for me?
- How much walking is right for me?
- Do I need to check my blood sugar before and/or after I walk?

#### How can you get started?

Start slowly. You may be able to walk only a few minutes at first. That's okay. Try these tips for getting started:

- Walk at your own pace.
- Walk up and down your driveway or around your home.
- Walk around while you watch TV or talk on the phone.
- Park a little farther from the store.

Try to build up to walking 3 to 5 minutes, 2 or 3 times a day. With time, you may be able to walk farther and go faster. Keep track of the minutes you walk. You may even find that you feel better and stronger.



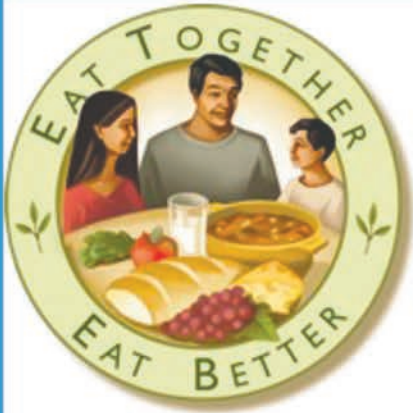
**"I started walking so I will be healthier and less stressed. I want to be there for my family for a long time."**

*Gloria Anico, Kickapoo / Seminole Tribes, Oklahoma*

Produced by the IHS Division of Diabetes Treatment and Prevention  
For more diabetes information and materials, visit [www.ihs.gov/diabetes](http://www.ihs.gov/diabetes)  
1/2017







## How Do I Raise My Toddler to Eat Healthy? Part 1 of 3

Kids can be fussy about what they eat.

Here are things you can do:

1. **Stick to a routine:** Serve meals & snacks about the same times every day. Close the kitchen between meals and snacks.

2. **Offer a variety of healthy foods.**

Plan for one or two food groups at a snack & at least 3 food groups at a meal.

3. **Offer water only between meals and snacks.** Allowing your child to fill up on juice, milk or snacks throughout the day might decrease his or her appetite for meals.

4. **Serve small portions** to avoid overwhelming your child and give him or her the opportunity to ask for more. If the child is not hungry, do not force them to eat, but do not provide anything but water until the next meal or snack.

5. **Respect your child's appetite** — or lack of one. They may eat smaller amounts because they are not growing as fast. Don't bribe or force your child to eat certain foods or clean his or her plate.

6. **Minimize distractions.** If you have a table, eat at it together. Do not allow toys at the table. Turn off the television and other electronics during meals. Make mealtime pleasant.

7. **Get the support of others caring for your child.** Let family & friends know how important it is for your child to establish good eating habits now for their lifetime. If necessary, bring foods for them to serve to your child when you are away.

Share with others that you do not want your child to be routinely given non-nutritious foods such as soda, sports drinks, and other treats. Explain how their stomachs are small and they need to be offered healthy options to grow and develop properly.



Sources for this page: <http://www.mayoclinic.org> & [choosemyplate.gov](http://choosemyplate.gov)

To schedule an appt for SPIPA WIC, call & leave a message at 360.462.3224



## New Season = Fresh Start Tobacco Cessation Support Groups and Classes

Noon in Health Promotion or Food Bank Building

Wednesdays — 12 Noon to 1:00 PM

Thursdays — 12 Noon to 1 PM

Teens — Drop In Center  
Health Promotions Building

Mondays — 3:30 PM

Tuesdays — 3:30 PM

Wednesdays — 3:30 PM

For more information, please contact Bobbie Bush, 360-432-3933, or email [bbush@squaxin.us](mailto:bbush@squaxin.us). If you plan on attending any of these meetings, please call me so I can plan the meals accordingly. One on one appointments are also available. Thank you.

## Tobacco Cessation Program News

By Bobbie Bush

Happy and Healthy early spring to you. The season is changing as we circle the sun one more time the new leaves, the warming winds, and melting snow all help us know that the next season is ready to arrive.

Now is the time to get HEALTHY! Release the addiction of nicotine in the form of commercial tobacco cigarettes, cigars, chew, pipes and VAPE. All forms of VAPE have nicotine in them. So, if you are ready to release that addiction and start a new season free of the toxins which are part of commercial tobacco, please consider joining our weekly tobacco cessation support group. We meet Wednesdays and Thursdays at Noon in the Health Promotions building which is right across the parking lot from the clinic.

If you are unable to attend the weekly meetings then give me a call and we can set up a one to one appointment to talk about nicotine addiction and tobacco cessation. I am in the office Mondays through Thursdays, 8:30 AM to 5 PM, 360-432-3933.







## 10 Ways to Slash Calories

Submitted by Patty Suskin, Diabetes Coordinator, Source: Academy of Nutrition & Dietetics - Cutting a few calories here and there won't show up on the scale immediately, but making consistent changes will. Here are 10 ways to sidestep excess calories throughout your day—without missing them.

### Drink your tea or coffee plain

A recent study published in the journal Public Health found that people who drink their coffee black consume about 69 fewer calories a day, compared to those who add cream, sugar and other extras to their cups. For tea drinkers, skipping the add-ins saves about 43 calories a day.

### Get more fiber at breakfast

"If you choose a high-fiber breakfast cereal, you may feel full sooner and eat less of it overall," says a spokesperson for the Academy of Nutrition and Dietetics. Oats are one good option: In a 2015 study, participants who ate oatmeal consumed 31% fewer calories at lunch than those who ate sugared corn flakes.

### Swap soda for water

Cutting out one can of soda or sugar-sweetened beverage a day could save you about 150 calories, or 15 pounds in a year! Consider switching to sparkling water. You can add fruit, lemon or cucumber if you want some extra flavor. Switching to diet soda will save you calories as well, but some research suggests you may compensate for them elsewhere.

### Eat protein throughout the day

Eating meals and snacks with protein, found in nuts, seeds, lean meat, soy and dairy, can stop you from feeling hungry by mid-afternoon and yielding to candy's sweet lure. Research backs this up: high-protein meals have a greater effect on fullness than low-protein ones.

### Watch your salad toppings

Choosing a salad won't automatically save you calories. You really want to stick with veggies and be careful about the other stuff you're adding to the salad. Cheese, croutons, bacon, heavy dressings, and even dried fruit can be really high in calories, so if you're being very calorie-conscious, it's best to avoid those.

### Order food before you're hungry

Plan ahead to eat something at least every 5 hours. If your favorite lunch spot has online ordering or a call-ahead option, take advantage of it. A 2016 study found that people who selected catered food options at least an hour before eating tended to order fewer calories than those ordered at lunchtime and ate immediately. Waiting until you're hungry to decide what to eat increases your odds of overindulging, say the study authors.

### Keep your kitchen clean

When it feels like everything around you is cluttered and chaotic, keeping your diet under control may seem like less of a priority. A study found that women who spent 10 minutes in a messy kitchen ate twice as many cookies—and more calories—than those who waited in the same room when it was clean and organized.

### Do more cooking at home

If you've already resolved to do more home cooking this year, it may help to know that—on top of its other benefits—the habit helps you cut calories. A 2015 study found that people who cooked dinner six or seven nights a week consumed about

150 calories fewer per day than those who cooked once a week or less. Frequent home cooks also tended to make healthier choices, and consume fewer calories, on nights they ate out.

### Cut back on cooking oil

When you're sautéing vegetables or cooking on the stovetop, one of the best things you can do to cut calories is to use a nonstick cooking spray instead of oil in your pan. (A tablespoon of oil has about 120 calories.) You can also sub in a few tablespoons of chicken, beef or vegetable broth which will help prevent sticking to the pan and give your vegetables more flavor.

### Don't eat in front of the TV

Eating dinner (or even worse, a bag of chips) while watching television is asking for trouble. Not only can we overeat because we're not paying attention to portion sizes, but our brains may not fully register that we've eaten at all, triggering hunger sensations soon after. The more distracting the entertainment, the worse news for your waistline: A study found that people who watched an action movie ate more calories than those who watched a low-key talk show.

## SQUAXIN TRIBE'S 2017 MAMMOGRAM CLINIC DATES



Tuesday, March 28th  
Wednesday, May 31st  
Thursday, June 29th  
Tuesday, August 29th  
Wednesday, September 27th  
Tuesday, October 24th  
Tuesday, December 19th

- Every Woman counts, please tell your Sisters, Daughters, Mothers, and Friends to have a mammogram done yearly.
- Beginning at age 40, Women should have a mammogram done yearly. Clinical breast exams should be done on a yearly basis by your medical provider. You should do your own monthly Breast Exams on a regular schedule.
- To schedule an appointment or if you have any questions regarding your eligibility please contact Traci Lopeman at 360) 432-3930.

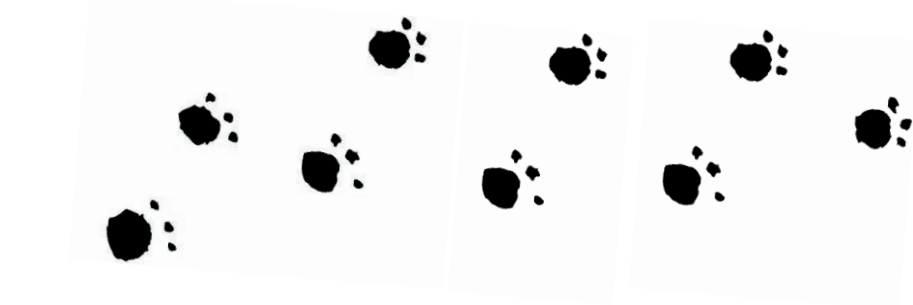


National Breast and Cervical  
Cancer Early Detection Program



SUSAN G. KOMEN.  
PUGET SOUND





## Need Ideas to Enjoy the Outdoors this Spring?

Submitted by Patty Suskin, Diabetes Coordinator

### Check these out:

(Computers are available for use in the Museum)

<http://www.squaxinislnd.org>

Click on "Government" then "Departments" & under Health Clinic click on "Outdoor Activities" for ideas of places to visit.

Check out over 30 Local hikes with directions on how to get there.



### Here is another source:


[http://www.co.mason.wa.us/forms/parks/trails\\_map.pdf](http://www.co.mason.wa.us/forms/parks/trails_map.pdf)

### Working on being healthier?

The Indian Health Service diabetes website has a lot of health information for anyone with or without diabetes. There is information available on hidden sugars, heart healthy habits, fitness and lots more. Check back often for updates.

<https://www.ihs.gov/diabetes/patient-education/printable-materials>

## Need to Know Hepatitis B



### HEPATITIS PREVENTION IN NATIVE COMMUNITIES

#### What is Hepatitis B?

Hepatitis B is a serious infection that affects the liver. It is caused by the hepatitis B virus (HBV). Hepatitis B can lead to liver damage (cirrhosis), liver cancer and death.

#### How does it spread?

Hepatitis B virus is easily spread through contact with blood or other body fluids of an infected person.

#### Why get vaccinated?

Hepatitis B vaccine gives long term protection from hepatitis B, and the serious consequences of a hepatitis B infection, including liver cancer and cirrhosis.

#### Who should get vaccinated?


Since 1991, it has been recommended that all children get vaccinated for hepatitis B at birth. All unvaccinated adults at risk for hepatitis B infection should be vaccinated. **This includes people under 60 years of age with diabetes.**

All unvaccinated adults who should be vaccinated include:

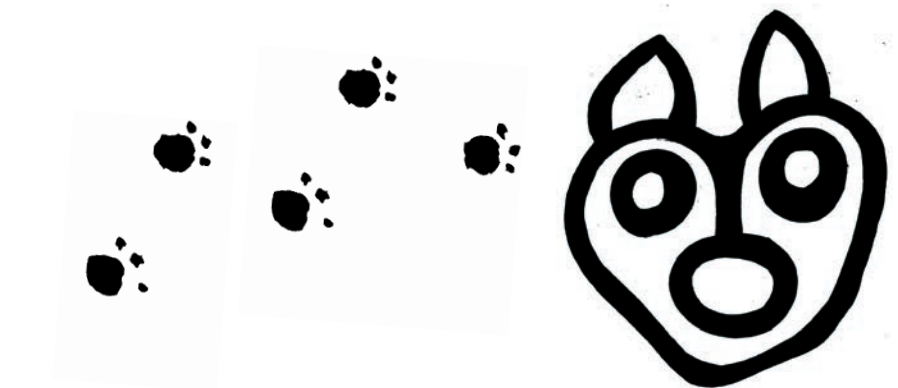
- ☒ People under 60 years of age with diabetes
- ☒ Partners of people with hepatitis B infection
- ☒ People with chronic liver or kidney disease
- ☒ People with jobs that expose them to human blood or other body fluids


**Talk to your doctor about whether you should be vaccinated for hepatitis B**

The Hep B virus can live up to 7 days on a contaminated object.



©2016 Hepatitis Prevention Project  
Developed in partnership with  
Squaxin Island Tribal Health  
South Puget Intertribal Planning Agency's  
Comprehensive Cancer Control Program &  
Native JourneyWoman





### WIC at SPIPA

(Women, Infants, and Children)

provides healthy foods & nutrition information for you and your child up to age 5.

**Please bring:**

Your child, Provider One Card or paystub and Identification for you & your child

**Tuesday, April 11th is WIC DAY at SPIPA**

Contact at SPIPA for an appointment:  
Debbie Gardipee-Reyes  
360 462-3227, [gardipee@spipa.org](mailto:gardipee@spipa.org)

or Patty Suskin 360 462-3224





## Squaxin Community,

Hello, we here at Public Safety hope you all are well.

We wanted to share some pictures of the Self Defense class. The class was sponsored by Safe Streets and Public Safety and Justice on March 7th. The class was taught by World Martial Arts.

The class started with some basics on footwork and defense stances. It progressed on to weapon defense and then on to takedowns and ground defense. I do believe, by the smiles on everyone's faces, that fun was had by all in attendance.

I'd like to take a minute and send out a very special thank you to Taylor Krise and Derik Wiley for their participation. You guys were awesome!!!

I'd also like to give a shout out to World Martial Arts for taking the time to come out and share your skills and enthusiasm with the Squaxin Community.

Thank you!

Our next class will be held April 10th, 2017 in the gym from 5:30-6:30 p.m. This class is for our youth ages 8-12. For those interested, there are packets for this class over at the TLC building, with Jerilyn and Laurel. The packets have the flyer with the date, time and location as well as a liability waver (which the kids must have signed by their parent/ guardian and brought to the class in order to attend.) as well as a flyer with World Martial Arts information on it.

I look forward to seeing the youth at the next class.

R. Klusman

Community Liaison Officer

Squaxin Police Dept.

360-426-5222

## February Stats

Total incidents	13
Drug incidents	6
Alcohol incidents	7
Arrests	4
Cites/Infractions	1
Adults	13
Juveniles	0
Tribal Court	2
Referred to other agency	6







## April Happy Birthdays

1

Colby Robert Smith  
Duane Cooper  
Famie Marie Mason  
Rene Andre Vigil  
Seattle Dee Morris

2

Daniel Albert Hall  
David Wayne Peters, Sr.  
Kaitlyn Rose Sweitzer

3

Deborah Jean Knott  
Jacqueline Crenshaw  
Tamika May Krise

4

Elizabeth June Cooper-Campbell  
Janice Nadine Leach  
Joseph Nolan Harrell  
Kathy Ann Brandt  
Traci Jo Coffey  
Tyler D. Hartwell

5

Matthew Volker Peters Block

6

Chauncey Eagle Blueback  
Robert Jan James

7

Carolyn E. Hoosier  
Keesha R. Vigil-Snook  
Marie Elaine Snyder  
Michael W. Kruger  
Rolando Lewis Rocero  
Tania Asia Korndorfer

8

Marcella Rease Cooper  
Mi'chelle Emily Mach  
Nolah Jean Cousins  
Rodney James Krise Jr.

9

Alexander Raymond Henry-Castellane  
Andie May Cousins  
Cheryl Lynn Hantel  
Juan Miguel Araiza  
Kiana Jean Henry  
Lila Mae Jacobs  
William Howard Henderson

10

Antonia D. James  
Joanna Lynn Cowling  
Kenneth Wayne Selvidge Jr.

11

Talon Jacob Beattie  
Tseeka Myrtle Lee Ackerman

12

Dorinda Evon Thein  
Elaine LeeAnn Roberts  
Russell Dean Harper

13

Latiesha Marie Gonzales

14

Debra Jean Peters  
Haelee Ana Marie Hernandez-Smith  
James Leroy Peters  
Mary Josephine Mae Lewis

15

Grace Elizabeth Pugel

16

Maria Guadalupe Francisco Coley  
Ronald Lawrence Schaefer

17

April Ann Leonard  
Dena Mae Cools  
Jeffery James Peters  
Skylehr Monroe Henry

18

Brooke Belle Henry  
Daniel Edward Kuntz  
Douglas Wayne Johns  
Josiah Cruz Saenz-Garcia

19

Dustin P. Greenwood  
Elisha R Peters-Guizzetti  
Sande Lee Smith III  
Trinity Richelle Byrd  
Walter Ray Hall

20

Jolene R. Grover  
Louise Agnes Rioux  
Pamela Ann Peters  
Vicky Lee Turner

21

Chasity A. Villanueva  
Edward Ned Henry II  
Emily Denise Sigo  
Jon Kenneth Vanderwal  
Joshua Henry Brady Whitener  
Tracy Roy West  
Tyrone Joseph- Stuart Seymour

22

Randy William Koshiway  
Sarah Gloria Koshiway

23

Rebecca Ray Keith  
Ronald Francis Bell  
Tristian I. K. Villanueva

24

Cameron Kyle Goodwin  
Syncere Van Ho

25

Casey Adrian Krise  
Cynthia T. L. Parrott  
Dawn Marie Caasi  
Larain Rose Algea

26

Bear Jon Lewis  
Chauncy Roger Blueback  
Richard Montano III  
Russel Ramon Algea

27

Becky Lynn Barker  
Standing Raven

28

Anthony Del Johns  
Wesley Kyle Whitener

29

Claudia Jeanette Gui Josa-Meas  
Redwolf S. Krise  
William Charles Lopeman

SATURDAY | APRIL 15 | 8PM

# TRAPT



TICKETS | \$35-\$25



LITTLE CREEK CASINO RESORT

GAMING • HOTEL • SPA • GOLF • DINING • ENTERTAINMENT • RV PARK • ARCADE

SKOOKUM CREEK  
EVENT CENTER

For Tickets Visit The Box Office, Online, Or Call 800-667-7711





## Committees Commissions & Boards With Infrequent Meeting Times

Committee and Commissions	Council Rep.	Staff Rep.	Months
1% Committee (Bylaws & Appendix X2)	Arnold Cooper, Vince Henry, Vicki Kruger	Kris Peters	Feb., May, Aug., Nov.
Elections Committee	Whitney Jones	Tammy Ford	March, April, May
Explorers Program Committee	Jim Peters	Rene Klusman	
Fireworks Committee (TC 6.04.040)	None		May and June
Gathering Committee	Charlene Krise	Rhonda Foster	Not yet determined
Law Enforcement Committee, Law and Order	None	Kevin Lyon	Not currently meeting
Veterans' Committee	None	Glen Parker	
Budget Commission	Vicki Kruger	Kris Peters	June and August
Business Administration Board (TC 6.24.010)	None		As needed
Little Creek Oversight Board (TC 2.26.010)	Arnold Cooper, Vicki Kruger, Charlene Krise	David Lopeman	
Museum Library and Research Board	David Lopeman	Charlene Krise	Sept., Dec., March, June
Tourism Board (TC 2.34.010)	Arnold Cooper	Leslie Johnson	
Island Enterprises Board	David Lopeman	Dave Johns (Acting)	



What's Happening						
Smoking Cessation Classes Tuesdays (Adult 5-7 ) and Wednesdays (Adult (noon)) and Teen (3:15-4:15) Building Strong Families Through Culture/Drum Group - Tuesdays AA & ALANON - Wednesdays						1
2	3	4	5	6	7	8
			Elders Committee	Family Court Utilities Commission	Housing Commission	<i>Easter Egg Hunt</i>
9	10	Hunting Committee Enrollment Committee Criminal/Civil Court	12	13	14	15
	Child Care Board of Directors		Golf Advisory Committee	<i>Tribal Council</i>	SPIPA Board of Directors Education Commission	
16	17	18	19	20	21	22
			<i>Candidate Forum</i> Gaming Commission			
23/30	24	25	26	27	28	29
		Criminal/Civil Court Tobacco Board of Directors		<i>Tribal Council</i>		





## Elders Menu . . . Fruit and salad at every meal

### 3rd - 6th

#### MONDAY

Twice baked potato casserole, peas

#### TUESDAY

Chicken Pozole, tortillas, jell-o

#### WEDNESDAY:

Spaghetti, garlic toast, mixed veggies

#### THURSDAY:

Chicken enchiladas, Spanish rice, refried beans

### 10th - 13th

#### MONDAY:

Chicken burgers, tater tots

#### TUESDAY:

Chicken noodle soup, egg salad sandwiches

#### WEDNESDAY:

Hamburgers, potato wedges

#### THURSDAY:

Turkey, mashed potatoes & gravy, corn, rolls

### 17th - 20th

#### MONDAY:

Meatloaf, cauliflower w/ cheese

#### TUESDAY:

Minestrone soup, grilled cheese sandwiches, jell-o

#### WEDNESDAY:

Baked potato bar, broccoli

#### THURSDAY:

Casino Buffet

### 24th - 27th

#### MONDAY:

Hot Roast Beef sandwiches, mashed potatoes and gravy, spinach

#### TUESDAY:

Baked potato soup, chicken salad sandwiches

#### WEDNESDAY:

Teriyaki chicken, rice, cabbage

#### THURSDAY:

Fried oysters, steamed potatoes, peas & carrots



## Misty Bloomfield



## Committees and Commissions Listed on Calendar

### Committee and Commissions

Aquatics Committee  
Elders Committee  
Enrollment Committee  
Fish Committee  
Golf Advisory Committee  
Hunting Committee  
Shellfish Committee  
Education Commission  
Gaming Commission (TC 6.08.090)  
Housing Commission  
Child Care Board of Directors  
Tobacco Board of Directors  
Utilities Commission (TC 11.08.010)  
SPIPA Board of Directors

### Council Rep.

Arnold Cooper  
Whitney Jones  
Charlene Krise  
Vicki Kruger  
Jim Peters  
Arnold Cooper  
Vince Henry  
Jim Peters  
Per Tribal Code None  
Arnold Cooper  
Vicki Kruger & Charlene Krise  
Jim Peters  
None  
Arnold Cooper

### Staff Rep.

Jeff Dickison  
Elizabeth Heredia  
Tammy Ford  
Joseph Peters  
Kris Peters  
Joseph Peters  
Eric Sparkman  
Gordon James  
BJ Whitener  
Richard Wells  
Bert Miller  
Ray Peters  
Teresa Wright  
Kathy Block

### Meetings

2nd Wednesday in Feb., May, Aug., Nov.  
1st Wednesday or Thursday  
2nd Tuesday  
2nd Wednesday in March, June  
2nd Wednesday or Thursday  
2nd Tuesday of July, Oct., Jan., April  
1st Wednesday of March, June, Sept., Dec.  
2nd Friday  
3rd Wednesday  
1st Friday  
2nd Monday  
4th Tuesday  
1st Thursday  
2nd Friday







## Social Security Disability

If you have been denied Social Security Benefits because you receive a "Per Capita" distribution or other Tribal assistance please contact Diane at the Squaxin Legal Department for assistance.  
(360) 432-1771 ext 0



**Help Protect  
Our Kids, Families  
and the Environment**



**Clean Out Your  
Medicine Cabinet**

**Prescription Drug  
Take Back Boxes**

Located At:

**Mason County Sheriff's Office**  
322 North 3rd Street in Shelton

&

**Mason Regional Fire Authority**  
460 Northeast Old Belfair Highway in Belfair

For More Information Call Mason County  
Public Health & Human Services

**360-427-9670 ext. 400**



**BINGO BINGO**

**Thursday • April 20<sup>th</sup>**  
Doors Open 4:30pm | Early Birds 6pm | Session Starts 6:30pm

**Friday • April 21<sup>st</sup>** Daubin' in the Dark Black Light Bingo  
Doors Open 6pm | Early Birds 8pm | Session Starts 8:30pm

**Saturday • April 22<sup>nd</sup>**  
Doors Open 9am | Early Birds 11:30am | Session Starts 12pm  
Doors Open 2:30pm | Early Birds 4pm | Session Starts 4:30pm

**Sunday • April 23<sup>rd</sup>**  
Doors Open 2:30pm | Early Birds 4pm | Session Starts 4:30pm

**All Level 3 payout \$500 NO Splits!**  
Bring a canned food item for a free level 1 (3-on).

**LITTLE CREEK CASINO RESORT**  
LITTLECREEK.com

\*Multiple winners split the payout. See Keno or call (360) 427-3005 for more details.  
\$79 room rates during bingo sessions! \*Ages 21 and over only for 8:30pm session  
Must show Bingo Room Rate Coupon at time of check-in to receive special room rate.  
Customers can call in advance to book rooms. Must be 21 or older for Bingo Specials

**APRIL 21 | OPEN @6PM**  
**EARLY BIRDS @8PM | SESSION @8:30PM**

**BINGO BINGO**

**DAUBIN' IN THE DARK**

**OVER \$7,900 IN PAYOUTS**

**\$400 payouts for 4-ons | \$500 payouts for 6-ons**  
**\$1,199 black out**  
with a \$500 lead up. Buy-in is \$50

**Cocktail SPECIALS**

**LITTLE CREEK CASINO RESORT**  
LITTLECREEK.com

**Live DJ Spinning at 7:30pm**

**Ages 21 and over only.**

See Keno or call (360) 427-3005 for more details  
\$79 room rates during bingo sessions!